

## **VOLUNTEER HANDYPERSON**

INS is looking for a volunteer handyman to help maintain and care for our centre in Twickenham. This will involve general maintenance, keeping the place tidy and safe for community use. You will need to be a keen DIYer or tradesman to fulfil the duties of this role.

### **About Integrated Neurological Services (INS)**

INS is a Registered Charity providing long-term support for people with neurological conditions (e.g. Parkinson's Disease, Multiple Sclerosis, Stroke) and their carers.

INS offers ongoing rehabilitation through therapy and education, together with practical self-help techniques and solutions which can help to maintain independence for as long as possible. This support can be provided in a small group or on a 1:1 basis and is offered for as long as needed.

We are based at 82 Hampton Road, Twickenham where we hold weekly therapy group sessions for each of the conditions mentioned above, family carer support groups, activities and individual sessions. We also provide home visits and regularly support staff working at other venues in Hounslow and Richmond boroughs.

### **Requirements:**

- Ideally, you will be down to earth and practical with lots of experience of, and enthusiasm for all areas of DIY, including, carpentry, general maintenance, plumbing and possibly gardening too.
- Relevant qualifications are desirable eg: for carrying out plumbing and electrical work
- Physically fit to carry out a range of tasks.

### **Main Duties**

- Carrying out DIY-type tasks such as fixing broken fixtures and fittings as and when needed in a safe manner and following INS's Health and Safety Policy at all times
- Painting and decorating
- Helping with events set-up, under the supervision and direction of a member of the events team e.g. setting up gazebo

### **Other:**

To undertake any other duties as appropriate with the competence level and general level of responsibility of the role as required.

### **Commitment**

Flexible - hours to be agreed

The office is open Mon-Fri, 9-5pm.

Only over 18's need apply.